

The Missing Commandment: Love Yourself DVD

This video includes the following sessions: Introduction; Session 1: Love God, Love Self, Love Others; Session 2: The Roles We Play; Session 3: Childhood Building Blocks; Session 4: The Empty Places; Session 5: The Journey Back Home; Session 6: Who is Driving Your Car?; and Session 7: I Am Me and I Am OK.

It is designed to be used with the DVD Study Guide (obtained separately from Amazon.com) and it includes Scriptures for reflection, the video narrative, reading assignments from the original book, and questions for individual reflection and/or sharing with others.

Viewing Options

This 45-minute teaching is available for free video viewing on **YouTube** at www.bit.ly/4hsYN2d or free video viewing and download at <http://www.gumroad.com/l/XPKY>.

If you prefer to have an actual **hard copy DVD**, we can ship you one or more copies (in the contiguous USA only). The total cost for one (1) DVD is \$5.00. (The DVD is free. The cost is for shipping only.)

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